
“This spiritual relation can be established only by the exercise of personal faith. This faith must express on our part supreme preference, perfect reliance, entire consecration. Our will must be wholly yielded to the divine will; our feelings, desires, interests, and honor identified with the prosperity of Christ’s kingdom and the honor of His cause, we constantly receiving grace from Him, and Christ accepting gratitude from us”
(*Testimonies*, vol. 5, p. 229).



TYPELINE



United Way Kicks Off Campaign

“Live United” is the theme for this year’s nationwide United Way campaign, and we have a nice program planned for chapel on Monday, September 22. Please come and join the festivities and some great treats following the event. We will have guests with us from the United Way and some surprises as well, so you definitely do not want to miss this program.

The fun of our opening-day event doesn’t stop until we share our results and prize finale in chapel on October 6. Please check your pay stubs this week and note your current giving to the United Way. Why? Well, this year we are implementing a two-level prize drawing system. Those who give at a level of \$100 and above or who increase their giving by at least 10 percent from last year will get their name put in a special drawing for some top prizes. Once those prizes are gone, all remaining names will be dropped into the general drawing box until all the prizes are gone. And here’s a special note—there are more good prizes planned for this year!

The solicitors for each area will be introduced during our program. They can help answer any questions you may have about the United Way program or about the donation forms. The forms may look a little different, but the information requested is basically the same. Our payroll department has asked that for donations through payroll deduction, the weekly payroll deduction option is preferred, and is available only to regular and part-time workers. Workers who maintain a consistent weekly schedule can ask for a weekly deduction. Students and temporary workers who work an inconsistent schedule should choose either the one-time payroll donation or one of the other options, such as check or credit card. Temporary workers who would like to give weekly but might be unsure about their eligibility may contact Rhonda Christiano to develop a donation option. More information will be given during our kickoff program. Thank you for supporting this great fundraiser that helps so many in Washington County. We look forward to seeing you at chapel on Monday!—Glen Gohlke.

ABC Fall Book and Food Festival

Highland View Academy ABC is having an open house and fall book and food festival on Sunday, September 21, from 10:00 a.m. to 4:00 p.m. Events include a gigantic book and food sale, music concerts by HVA students and guests, school tours, plus fun activities for all ages. A vegetarian cookout

will be held from 12:00 p.m. to 3:00 p.m., courtesy of Worthington Foods, HVA, and your local ABC. Proceeds from these sales will benefit the Highland View Academy Student Scholarship Fund. For more information or to place an order, call 1-877-482-7467.

For Your Calendar**Chapel Programs****September**

- 22 United Way kickoff
29 Faith Crumbly

October

- 6 United Way celebration
13 Lois Vega, AFLAC

Sunset in Hagerstown**September**

- 19 7:12 p.m.
26 7:01 p.m.

October

- 3 6:49 p.m.
10 6:38 p.m.

2008 Holidays

Thanksgiving—Thursday, November 27*

Christmas—Thursday, December 25

*Workdays for the week of Thanksgiving are Sunday, November 23, through Tuesday, November 25.

Grand Reopening Sale at the Bookstore

Be sure to visit the bookstore during their Grand Reopening week, September 22 to 25, 2008. We appreciate your cooperation with us during this remodeling process. Come in to enjoy the



We'd love to see you! new decor and see the new products that are out. Stop in often next week to take advantage of different special prices that will be offered every day.

Weekend Warrior Boot Camp

Come join the Hagerstown SDA Church for an hour and a half of strength training and cardio workout. Some of the benefits that you'll receive are improved mood, boosted immune system, weight management, strengthened heart and lungs, and improved sleep. Whether you're just beginning to exercise or you're at an advanced level, this boot camp is for you! And the best part: It's FREE! You can also expect fun, fellowship, and fitness. Sign up today and bring your friends, neighbors, and relatives. Boot camp will be on Sundays from

9:00 a.m. to 10:30 a.m. in the fellowship hall, and offsite locations will be announced later. Remember the boot camp is free, but there is a \$50 fee for an optional body composition analysis. All ages are welcome. If someone could provide childcare for the participants, please contact us. For more information, please contact us at 301-733-4411 or e-mail us at nickarene@aol.com. Weekend Warrior Boot Camp will run September 28 through November 23. Church address: 11507 Robinwood Drive, Hagerstown, Maryland.

Rhodes in Concert

Hagerstown SDA Church invites you to attend a vesper concert on Sabbath, October 4, at 6:00 p.m. Pam and Jimmy Rhodes, popular SafeTV artists and winners of the prestigious Angel Award, present this early-evening concert. Vocalist Pam is accompanied by her husband, Jimmy, who delights the audience with

his skill while playing piano, organ, trombone, and pocket trumpet. All nine of their popular recordings will be available for purchase following their concert at 11507 Robinwood Drive in Hagerstown. For additional information, call 301-733-4411.

Come Out for the Fun Run & Walk

Our next *Vibrant Life* 5K Fun Run & Walk is scheduled for Sunday, October 5, beginning at 9:30 a.m. This will be the tenth race of its kind. If you are interested in participating in the race, please contact Linda Starkey at ext. 4019. Race registration forms are located in the lobby and at other key locations throughout the house. Or you may register online at: <<http://www.VibrantLife.com>. The registration fee is \$15 per person. If you will not be

participating in the race by running or walking, perhaps you would like to be a volunteer on race day. People are needed for the registration booth and checkpoints, to fill water jugs and/or pass out cups of water, to tear pull tags off the race numbers, to blow up balloons, etc. Call Linda at ext. 4019 if you are able to help in any capacity, please. We look forward to a great race this year!

Raising Funds With Crop Hunger Walk

Steve Whitesides is participating with Hagerstown SDA Church in an annual Crop Hunger Walk at the Hagerstown Fairgrounds on October 12. This event raises money through sponsorships to help fight hunger in countries where people are starving. Funds raised will be used for small projects such as these: \$150 can buy a hundred chicks and two wire chicken coops, providing two families with a source of eggs and income; \$500 can provide

small start-up loans that enable women to jump-start a business, such as making school uniforms; \$1,000 buys a well pump and hygiene training for a village that can assure a source of water and improved community health. If you are interested in sponsoring Steve with a donation, please call him at ext. 3080. Donations must be made before October 12.

Marketplace

For sale: 2006 Ford Taurus SEL, 40k miles, \$7700; 2005 Chevy Malibu, 50k miles, \$7400; 2006 Mitsubishi Lancer OZ, 17K miles, 5-speed, 4-door, \$8100. For more information, call 304-274-3000, Monday through Friday, 8:00 a.m. to 5:00 p.m., or 304-263-5821, evenings.

For rent: furnished efficiency apartment to Adventist single or couple. Private entrance, quiet neighborhood. Call Ray Woolsey, 301-432-5507, or email raywool@aol.com.

Our Sympathy

Russell Maynard Lee, 82, of Hagerstown, Maryland, died on Tuesday, September 16, 2008, at the Williamsport Nursing Home. He was previously employed at Southern Publishing Association in Tennessee. Lee was the father-in-law of Buster Jackson.

A memorial service will be held at 10:30 a.m. Monday, September 22, at the Hagerstown SDA Church, 11507 Robinwood Drive, Hagerstown. The family will receive friends at the church one hour before the service.

“Thy Kingdom Come!” Mission Conference

“Thy Kingdom Come!” is the theme of a one-day gathering scheduled for September 20, in Hagerstown, Maryland. The focus is on moving forward with the mission of the church in Chesapeake Conference and features the preaching ministry of Ron Halvorsen, well-known evangelist, revivalist, and author; the teaching ministry of Gary Krause, director of the Office of Adventist Mission for the General Conference; and the music ministry of Ponder, Harp and Jennings, a much-loved gospel group. A wide variety of practical seminars is being offered, all geared to equip local members in fulfilling their role in the Great Commission. Here’s a general schedule of the day’s events.

Morning services

9:30 a.m. to 10:30 a.m.

Adults will meet at Hagerstown Community College (HCC) gymnasium.

Beginners through juniors will meet at the Hagerstown SDA Church. Shuttle buses will operate between HCC and Hagerstown church before and after morning services.

Earliteen and Youth will meet at Kepler Auditorium at HCC.

Church Potluck Picnic

1:00 p.m. to 2:00 p.m.

All ages at Highland View Academy gymnasium. The conference will provide the entrée and drink. Members are asked to bring salads and vegetable dishes that do not need warming. Paper goods and tableware will be provided, but please bring a serving spoon for your dish.

Afternoon services

2:30 p.m. to 5:30 p.m.

Adults may attend training seminars at various locations on HVA campus from 2:30 p.m. until 4:00 p.m.

Adults will meet for a preaching service with Ron Halvorsen in the Highland View church from 4:15 p.m. to 5:30 p.m.

Beginners through youth will meet at various locations on the HVA campus from 2:30 p.m. to 5:30 p.m.

Evening Services from 6:30 p.m. to 8:00 p.m.

Adults meet for a concert by Ponder, Harp and Jennings in the Highland View church.

Kindergarten through Youth will have meetings in various locations on the HVA campus.

September Birthdays

- 18 Dale Tooley
- 24 Phil Crouch
- 25 Pat Harris
- 26 Catrice Davis

October Birthdays

- 1 Bob Peterson
- 2 David Anderson
- 4 Joy Thomas
- 9 Vernon Cartwright
- 10 David Latta
- 14 Dennis Strack
- 16 Gwen Bergey
- 18 Lori Williams
- 20 Rosemary Hickman
- 24 Max Lara
- 24 Mike Seeders



Personnel Briefings

Coming:

Amanda Mihm, Plant Services, student.

Antonio Delgado-Vila, Pressroom, student.

Leaving:

Natasha Crouch, Graphics, student.



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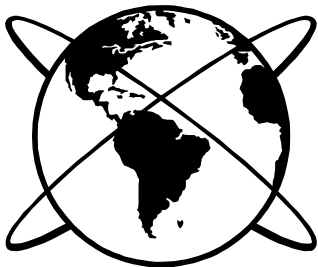
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Steps for Life Fitness Challenge

Visit www.instepforlife.com to see how Steps for Life can help your conference. For starters, getting employees into an exercise program can reduce health-care costs by reducing disease. It improves brain function. It reduces absenteeism. It helps show others in the community that we are serious about health and caring for our body temples. It helps us to follow God with more energy and clearer thinking, and it glorifies Him.



Exercise appears to be the “magic bullet” for better health and faster, more permanent weight loss. It helps us live longer and more productively. The health benefits of simply walking are astonishing! Not only does walking help to reduce stress and depression; it also reduces the risk of developing or dying from heart disease, diabetes, osteoporosis, stroke, and various cancers. If we walk daily, we can reduce the risk of dying from all major illnesses by as much as 50 percent to 75 percent.

Could walking also be used as an evangelistic tool? Dr. Don Morgan from Tennessee Middle State University thinks so. He suggests that the simple action of walking and talking with your neighbor could result in the biggest evangelistic outreach we have ever achieved. If you prefer walking alone, you can engage in Prayer Walking, praying for your neighborhood and people there while you are walking through it.

Organize your conference. The best way to stay with an exercise program is to do it with a friend or in a group. Check with your conference health ministries director to learn what has been planned for your conference, and for assistance to organize and inspire your conference workers, institutions, and churches to form Steps for Life groups. Encourage each person to go to the Steps for Life Web site and sign up for membership. Conferences may wish to offer incentives, such as a day off to those who log the most exercise or who are the most faithful. Encourage and assist each person to get a membership and a pedometer to measure the number of steps they take. Many conferences are already planning participation and are laying foundations for a strong program in the next two months.

Organization: Four committees have worked hard to design a program that is scientifically sound, simple, and inexpensive. They are listed under Contacts at the Web site.

Leaders, use the Steps for Life Fitness Challenge Web site at www.instepforlife.com. At the bottom of the page is a Coordinator Resources link. Encourage your members to visit the Web site and become a member.

Everyone is encouraged to join, whether they are part of a group or not. Each person is encouraged to do 30 minutes of some type of exercise every day. Get a pedometer (offered at the Web site) to help you be more aware of how many steps you take each day, and set a goal of at least 10,000 steps per day. Log your daily activity. As you record your activity on the Web site, take a virtual walk in the steps of Jesus; a missionary trip with Paul; hike some famous trails, such as the John Muir Trail or the Pacific Crest Trail; hike the Oregon coast or Mt. Rainier. Take a virtual historical or an international trip.

Get In step with God, with your church, and with your community by joining us in this program specifically developed for all church members within the North American Division. By following this simple yet effective program, you will enjoy a healthier, happier, and more productive life, which enables you to serve God, your family, and your community better.

Source: Friday FAX, www.nadadventist.org.